

Hollard Travel

Sanctioned Countries and “Do Not Travel” Advisories.

What is the difference between a **sanctioned country** and a country with a “do not travel” recommendation?

Sanctioned countries are subject to laws and regulations that restrict or prohibit us from engaging in transactions with them. These sanctions can include economic embargoes, trade restrictions, and export controls.

Countries with “do not travel” advice typically have heightened risks due to factors like armed conflict or limited services. Travelling to or from these locations is considered unsafe or impossible, leading to advisories against travel.

How does travel to a **sanctioned country** affect travel insurance?

Visitors to **sanctioned countries** should be aware of the legal, economic, and safety implications.



Travel Restrictions:

Sanctions often include travel bans, preventing certain individuals (including government officials) from entering or leaving the sanctioned country.



Economic Impact:

Visitors may encounter shortages, currency fluctuations, and limited access to goods and services.



Healthcare & Well-being:

Restrictions on medical supplies and technology may affect healthcare services in sanctioned countries.



Risk & Safety:

Visitors may face risks due to political instability.

How do **travel advisories** affect travel insurance?



Coverage Exclusion:

When you travel to a country with a “Do Not Travel” advisory you will not be covered by your travel insurance policy.



Cancellation Coverage:

If you cancel your trip due to the advisory, you won't be able to claim pre-paid expenses back.



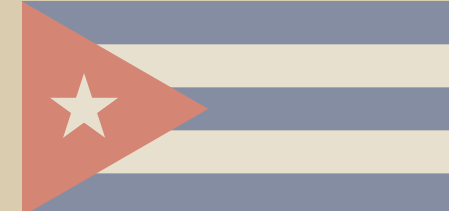
Timing Matters:

You are not covered if you knowingly travel to a Level 4 country. Cover will be limited if the advisory occurred after your arrival in the affected area to allow time for you to leave.

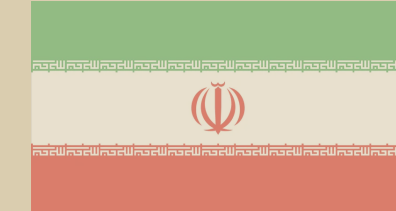
Stay informed

Visit the [OFAC Sanctioned Countries](#) page for an up-to-date list of countries subject to restrictions: [OFAC Sanctioned Countries | Research and Project Administration \(princeton.edu\)](#)

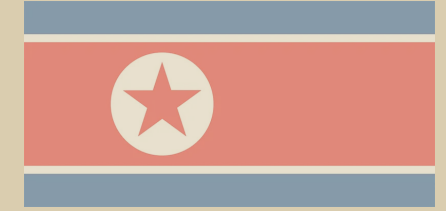
As of March 10, 2022, comprehensively sanctioned countries include:



Cuba



Iran



North Korea



Russia



Syria



Regions of Ukraine
(Crimea, Donetsk, and Luhansk)

Use the sanctions list search tool to explore the Specially Designated Nationals and Blocked Persons list (SDN List) and other OFAC-administered sanctions lists: [Sanctions List Search \(treas.gov\)](#)

Check the [UNSC Sanctions Information](#) page for details on countries like Iraq, Iran, Libya, and more: [Sanctions | United Nations Security Council](#)

Get advice from the UK Government Foreign Travel Advice webpage: [Foreign travel advice - GOV.UK \(www.gov.uk\)](#)

Remember, safety should always be your top priority when planning travel. Got **questions**? Need more info? Reach out anytime - we're here to help!

Safe travels and take care.